



Donate **Blood!** Gift a life.



SIACHEN Location: Eastern Karakoram Range in the Himalayas. Altitude: 6000 meters Temperature: Around -50°C "For a soldier, this is where hell freezes over, a 46-mile river of slow-moving ice surrounded by stupendous towers of snow. Temperatures swoon to 50 below, and sudden blizzards can bury field artillery in minutes. Men sleep in ice caves or igloos and breathe air so spare of oxygen that it sends their hearts into a mad gallop. Fainting spells and pounding headaches are frequent. They are prepared to battle on the roof of the world forever." It's too late for you to be a soldier. But still, you can ACT to save a life.